



Buckinghamshire Family Learning



FREE ONLINE SCHOOL COURSES for PARENTS and CARERS

TO BOOK
YOUR PLACE



01296 383582

or SCAN the QR CODE

or CLICK on the course link provided for each course

RECEPTION

STARTING RECEPTION

Support your child to be ready for school. You will understand what the curriculum includes and how it is taught in this part of Foundation Stage.



Monday 14th September - 12th October
Wednesday 16th September - 14th October



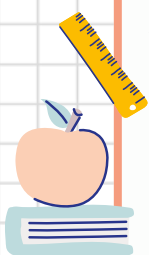
9:30am - 12pm



Choose from 1
of these 2 dates

Click on the
course link
here to enrol

Course link:
FMSR019



YEARS 1 & 2

SUPPORT YOUR CHILD WITH MATHS

Practical ideas to improve your child's maths skills and knowledge, through child-friendly activities.



Monday 14th September - 12th October
Wednesday 16th September - 14th October



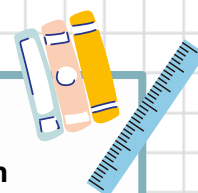
9:30am - 12pm



Choose from 1
of these 2 dates

Click on the
course link
here to enrol

Course link:
FMMN024



SUPPORT YOUR CHILD'S WELLBEING

You will look at what stress and anxiety are and explore strategies to help your child deal with these.



Thursday 17th September - 15th October



12pm - 2:30pm

Click on the
course link
here to enrol

Course link:
FMWB008



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FREE ONLINE SCHOOL COURSES for PARENTS and CARERS

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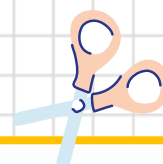


01296 383582

or SCAN the QR CODE

or CLICK on the [course link](#) provided for each course

YEARS 3 & 4



SUPPORT YOUR CHILD WITH MATHS

Practical ideas to improve your child's maths skills and knowledge, through child-friendly activities.

 Monday 14th September - 12th October

 9:30am - 12pm



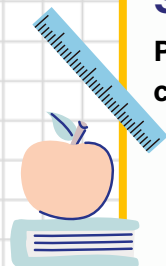
Choose from 1
of these 2 dates/times

 Thursday 17th September - 15th October

 9:15am - 11:45am

Click on the
course link
here to enrol

Course link:
FMMN026



YEARS 5 & 6

SUPPORT YOUR CHILD WITH MATHS

Practical ideas to improve your child's maths skills and knowledge, through child-friendly activities.

 Tuesday 15th September - 13th October

 9:15am - 11:45am



Choose from 1
of these 2 dates/times

 Wednesday 16th September - 14th October

 6:30pm - 8.30pm

Click on the
course link
here to enrol

Course link:
FMMN086



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Buckinghamshire Family Learning



FREE ONLINE WELLBEING COURSES & WORKSHOPS for Parents and Carers of Children in Secondary School

TO BOOK
YOUR PLACE

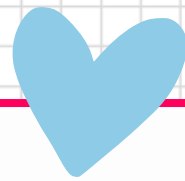


01296 383582

or SCAN the QR CODE

or CLICK on the [course link](#) provided for each course/workshop

YEARS 7, 8 & 9



SUPPORT YOUR CHILD'S MENTAL HEALTH & WELLBEING

Understand what stress and anxiety are and explore strategies to help your child deal pressure. Look at ways to help young people deal with setbacks and build their resilience, both at school and home.



Tuesday 15th September - 13th October



9:30am - 12pm

Click on the
course link
here to enrol
→

Course link:
FMWB057



YEARS 10 & 11



HELP YOUR CHILD BUILD CONFIDENCE, FRIENDSHIPS & MANAGE STRESS

Practical ideas to improve your child's well-being, be it helping to build your child's confidence, managing peer pressure or stress and anxiety.



Monday 21st September



7pm - 9pm

Click on the
course link
here to enrol
→

Course link:
FMWB022



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FREE ONLINE WELLBEING WORKSHOPS

For Parents and Carers of Children
in Primary & Secondary Schools

SUPPORT YOUR ADHD CHILD AT HOME

Practical strategies and tips for supporting ADHD children at home. It will help you to understand ADHD and its characteristics and help you to create a supportive and inclusive environment for your child.



Thursday 24th September



7pm - 9pm

Click on the
course link
here to enrol
→

Course link:
FMAC135



SUPPORT YOUR AUTISTIC CHILD AT HOME

Practical strategies and tips for supporting Autistic children at home. It will help you to understand Autism and its characteristics and help you to create a supportive and inclusive environment for your child.

AFTERNOON SESSION:



Wednesday 30th September



12pm - 2:30pm

EVENING SESSION:



Wednesday 7th October



7pm - 9pm

← Choose from 1
of these 2 sessions

Click on the
course link
here to enrol
→

Course link:
FMAC134



TO BOOK
YOUR PLACE → **01296 383582**

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