



Buckinghamshire Family Learning



Wellbeing Online Course and Workshops

To book your **FREE** place, contact our enrolment team on 01296383582, scan the QR code or click on the link. For more information call/text Kathryn on 07770 641997



SCAN ME

Y7,8&9- Support Your Child's Mental Health and Wellbeing (FMWB057)

5 weeks

24 September - 22 October 2025

7pm-9pm

Y10&11- Help your child build Confidence, Friendships and Manage Stress. (FMWB022)

Monday 13 October
7pm-9pm

SCAN ME



Support your Autistic Child at Home (FMAC134)

Thursday 25
September

7:00pm - 9:00pm

Support your ADHD Child at Home (FMAC135)

Monday 6
October

7:00pm-9:00pm

SCAN ME



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